

Baaritaanka Ilkaha iyo Natiijooyinka Ningaxa




Fadlan la wadaag macluumaadkan dhakhtarka ilkaha ee ilmahaaga

Kani waa baaritaanka caafimaadka afka ee:

Magaca Ilmaha: _____ Taariikhda: _____
(Dambe) (Hore)

Ma jiraan calaamado muuqda oo la arki karo oo dhibaatooyinka ilkaha ah. Booqo dhakhtarkaaga ilkaha ama baxnaaniyaha ugu yaraan hal mar sanadkii si uu u sameeyo daryeelka kahortaga ah ee ilkaha Dhibaatooyinka daran ee caafimaadka ilkaha ayaa lagu waayi karaa baaritaanka.

NATIIJOOYINKA BAARITAANKA ILKAHA

-  Ma jiraan calaamadaha la arki karo ee dhibaataada afka. Booqo Dhakhtarkaaga Ilkaha ama Baxnaaniyaha Ilkaha ugu yaraan sanad kasta si aad u hesho balamaha daryeelka kahortaga ah ee ilkaha.
-  Dhibaatooyinka muuqda ee caafimaadka afka ayaa la helay. Booqo dhakhtarkaaga Ilkaha ama Baxnaaniyaha Ilkaha dhawrka asbuuc ee soo socda, kahor inta aan la gaarin balanta kahortaga ah ee xigta ee ilmahaaga si looga daweyo bololka ilkaha ee jiri kara ama dhibaatooyinka kasii daran.
-  Calaamadaha ama astaamaha dhibaatooyin caafimaadka ilkaha oo daran ayaa la helay. Bololka waawayn ee jiri kara, xanuunka, bararka, caabuqa, ama ilkaha maqan ayaa la helay. Booqasho loogu talo Dhakhtarka Ilkaha ama Baxnaaniyaha Ilkaha ayaa lagu talinayaa inta lagu jiro 0 – 2 asbuuc ee xiga.

XARDHIYAASHA ILKAHA

- Ningaxyo ayaa la saaray ilkaha dambe ee ilmahaaga (gowsaha).
- Ningaxyo baran ayaa la saaray. Mar kale isku diiwaangali sanadka soo socda.
- Ningaxyada lama saarin ilkaha ilmahaaga sababtoo ah:
- ___ Ilkaha ayaa laga yaabaa inay leeyihiin suus. Fadlan la soco dhakhtarkaaga ilkaha.
 - ___ Ilkaha ayaa laga yaabaa in la buuxiyay.
 - ___ Ilkaha ayaa laga yaabaa inay leeyihiin ningaxyo.
 - ___ Ilkaha uma korin si kala fog oo si ningaxyada si fiican loogu saaro.
 - ___ Habraaca ayaa aad ugu adkaa ilmahaaga.

KADIB MARKA LA HELO NINGAXYADA ILKAHA

- Ningaxyada waxay ilaaliyaan oo kaliya ilkaha dambe. Si maalinle ah u caday una nadiifi ilkaha si aad ilkaha caafimaadkooda u ilaaliso.
- Waxaa laga yaabaa in aadan awood u yeelan inaad aragto ningaxyada ama waxay u ekaan karaan kuwo cad ama midab kareem leh.
- Waxay kula noqon kartaa mid culus inaad wax qaniinto hal ama labo maalin. Dareenkaas waa uu tagaaya.
- Falcelin xasaasiyadeed ayaa suurtagal ah laakiin waa dhif. Haddii aad wax astaamo aan caadi ahayn ku aragto ilmahaaga daaweynta kadib, wac dhakhtarka ilmahaaga.
- Cun cunto jilicsan 24 saac ee soo socda.

QAATAY XABAGTA FALORAYDHKA: Haa Maya

KADIB MARKA LA QAATO XABAGTA FOLORAYDKA

- Ilmahaagu waa in uusan cadayin ilkaha ama nadiifin muddo 24 saacadood ah
- Iska ilaali cuntooyinka adag sida burka adag, nacnaca, iyo tufaaxyada

Dental Screening and Sealant Results

Please share this information with your child's dentist

This is an oral health screening for:

Name of Child: _____ Date: _____
(Last) (First)

A screening is a quick look and does not take the place of a complete examination by a Dentist or a Dental Therapist. Serious oral health problems may be missed in a screening.

DENTAL SCREENING RESULTS



No visible signs of oral problems. See your Dentist or Dental Therapist at least yearly for preventative dental appointments.



Visible signs of oral problems were found. Visit a Dentist or Dental Therapist in the next several weeks, before your child's next preventative dental appointment to treat possible cavities or more serious problems.



Visible signs or symptoms of serious dental problems were found. Possible large cavities, pain, swelling, infection, or abscesses were present. A visit to a Dentist or Dental Therapist is recommended in the next 0 - 2 weeks.

DENTAL SEALANTS

- Sealants were placed on your child's back teeth (molars).
- Partial sealants were placed. Sign up again next year.
- Sealants were not placed on your child's teeth because:
 - ___ The teeth may have cavities. Please follow-up with your dentist.
 - ___ The teeth have fillings.
 - ___ The teeth have sealants.
 - ___ The teeth were not grown in far enough for sealants.
 - ___ The procedure was too difficult for your child.

AFTER GETTING DENTAL SEALANTS

- Sealants only protect the back teeth. Brush and floss daily to keep teeth healthy.
- You may not be able to see the sealants, or they may look white or cream colored.
- It may feel strange to bite for a day or two. That feeling goes away.
- An allergic reaction is possible, but it is very rare. If you notice any unusual symptoms in your child after treatment, call your child's doctor.
- Eat soft foods for the next 24 hours.

RECEIVED FLUORIDE VARNISH: Yes No

AFTER GETTING FLUORIDE VARNISH

- Your child should not brush their teeth or floss for 24 hours
- Avoid hard foods such as pretzels, candy, and apples