

တၢ်ယုသ့ၣ်ညါမဲအတၢ်ဆါဒီးတၢ်ကျးတံၣ်ဘၢယၢ်အစၢတဖၣ်

ဝံသးစူၤနီၤဟ့ၣ်လီၤတၢ်ဂ့ၢ်အံၤဆူနဖိအမဲကသံသရ်အအိၣ်တက့ၢ်

အအံၤမ့ၢ် တၢ်သမံသမိးကွၢ် ကိၣ်ပူၤအတၢ်အိၣ်ဆူၣ်အိၣ်ချ့လၢဖိသ့ၣ်အံၤအဂီၢ်န့ၣ်လီၤ-

ဖိသ့ၣ်အမံၤ- _____ နံၤသီ- _____

(လၢခံကတၢ်) (အဆိကတၢ်)

တၢ်သမံသမိးကွၢ်တမံၤမ့ၢ်ဝဲ တၢ်ကွၢ်တၢ်အချ့တမံၤ ဒီးတန့ၣ်လီၤလၢ ကသံသရ် မှတမ့ၢ် ပုၤကူစါယါဘျါမဲတၢ်ဆါ အတၢ်မၤကွၢ်လၢလၢပုၤပုၤအလီၤဘၣ်.
လၢတၢ်သမံသမိးကွၢ်တဘျီအပူၤ တၢ်တထံၣ်ထွဲ ကိၣ်ပူၤဆူၣ်ချ့တၢ်ဂ့ၢ်န့ၣ် ကဲထီၣ်သ့လီၤ.

တၢ်ယုသ့ၣ်ညါမဲအတၢ်ဆါအစၢတဖၣ်



မဲတၢ်ဂ့ၢ်ကီၤအတၢ်ပနီၣ် လၢတၢ်ထံၣ်အီၤသ့န့ၣ် တအိၣ်ဝဲဘၣ်. ထံၣ်လိၣ်နသးဒီး နမဲကသံသရ် အစ့ၤကတၢ်တနံၣ်တဘျီ
လၢတၢ်သ့ၣ်ဆါဖးကတီၢ်ထံၣ်လိၣ်သး လၢတၢ်ဒီသဒါကူစါမဲတၢ်ဆါအဂီၢ်တက့ၢ်.



မဲတၢ်ဂ့ၢ်ကီၤအတၢ်ပနီၣ် လၢတၢ်ထံၣ်အီၤသ့န့ၣ် ဘၣ်တၢ်ယုထံၣ်အီၤန့ၣ်လီၤ. လဲၤဆူမဲကသံသရ် မှတမ့ၢ် ပုၤကူစါမဲတၢ်ဆါတကၤအအိၣ်
လၢဆူညါစ့ၤန့ၣ်အတီၢ်ပူၤ တချုးနဖိအတၢ်သ့ၣ်ဆါဖးကတီၢ် လၢတၢ်ဒီသဒါကူစါမဲတၢ်ဆါ လၢကူစါမဲအပူၤတဖၣ် မှတမ့ၢ်
တၢ်ဂ့ၢ်ကီၤလၢအလီၤဘၣ်ယိၣ်အါန့ၣ်အန့ၣ်တဖၣ်အဂီၢ်တက့ၢ်.



မဲအတၢ်ဆါအပနီၣ်ဖျါဖျါဖျါတဖၣ် မှတမ့ၢ်မဲအတၢ်ဆါအပနီၣ်လၢအလီၤဘၣ်ယိၣ်တဖၣ် ဘၣ်တၢ်ထံၣ်န့ၣ်အီၤလီၤ. မဲအပူၤလီၤဟိဖးဒိၣ်သ့,
တၢ်ဆူးတၢ်ဆါ မှတမ့ၢ် တၢ်ဒါဖဲထီၣ်တဖၣ် အိၣ်ဖျါဝဲလီၤ. တၢ်ဟ့ၣ်ကူၣ်လၢနကလဲၤထံၣ် မဲကသံသရ်လၢ ဆူညါ 0 – 2 န့ၣ်အတီၢ်ပူၤန့ၣ်လီၤ.

တၢ်ကျးတံၣ်ဘၢယၢ်တဖၣ်လၢအဘၣ်ဃးဒီးမဲ

- တၢ်ကျးတံၣ်ဘၢယၢ်တဖၣ် ဘၣ်တၢ်မၤအီၤလၢနဖိအမဲအလီၤခံတဖၣ်လီၤ(မဲခီတဖၣ်).
- တၢ်ကျးတံၣ်ဘၢယၢ်တနီၤ ဘၣ်တၢ်မၤအီၤလီၤ. ဆဲးလီၤနမံၤလၢခံတဘျီလၢဆူညါတနံၣ်တက့ၢ်.
- တၢ်ကျးတံၣ်ဘၢယၢ်တဖၣ် တဘၣ်တၢ်မၤအီၤလၢနဖိအမဲတဖၣ်ဘၣ်. တၢ်ဂ့ၢ်မ့ၢ်လၢ:
 - ___ မဲတဖၣ်အပူၤကအိၣ်အယိ. ဝံသးစူၤ ထံၣ်လိၣ်နသးဒီး နမဲကသံသရ်တက့ၢ်.
 - ___ မဲတဖၣ်အိၣ်ဒီး တၢ်မၤပုၤတဖၣ်အယိ.
 - ___ မဲတဖၣ်အိၣ်ဒီး တၢ်ကျးတံၣ်ဘၢယၢ်တဖၣ်အယိ.
 - ___ မဲတဖၣ်တဒိၣ်ထီၣ်ဂ့ၢ်ဂ့ၢ်လၢ တၢ်ကျးတံၣ်ဘၢယၢ်အဂီၢ်အယိ.
 - ___ တၢ်မၤမဲအပတီၢ်အံၤ ကီၤခဲကဲၣ်ဆိးလၢ နဖိအဂီၢ်အယိ န့ၣ်လီၤ.

မဲတၢ်မၤမဲတဖၣ်လၢ တၢ်ကျးတံၣ်ဘၢယၢ်တဖၣ်ဝံၤအလီၢ်ခံ

- တၢ်ကျးတံၣ်ဘၢယၢ်တဖၣ် ဒီသဒါဒုၣ်ထဲမဲလၢတၢ်လီၢ်ခံတဖၣ်လီၤ. ထူးမဲ ဒီးမၤကဆိအကဆူးလၢပုၤကိးန့ၣ်ဒဲးသိး မဲတဖၣ် ကအိၣ်ဆူၣ်အိၣ်ချ့အဂီၢ်တက့ၢ်.
- နထံၣ်ဘၣ် တၢ်ကျးတံၣ်ဘၢယၢ်တဖၣ် တမ့ၢ်ကသ့ဘၣ် မှတမ့ၢ် အဝဲသ့ၣ်ကအိၣ်ဖျါ အလွဲၢ် အဝါ မှတမ့ၢ် အဘီဝါစါ န့ၣ်လီၤ.
- တၢ်လီၤဆိကအိၣ်ဝဲလၢနကအ့ၣ်တၢ်အဂီၢ် လၢတသီ မှတမ့ၢ် ခံသီ အတီၢ်ပူၤလီၤ. တၢ်ပလၢဂံၢ်ဘၣ်ဝဲန့ၣ် ကလဲၤပူၤကွံၣ်ဝဲလီၤ.
- တၢ်တဘၣ်လိၣ်ဒီးသ့ၣ်ထံအတၢ်မၤအသးတမံၤ (အလၢၣ်ကွံၣ်) မၤအသးသ့ဝဲ ဘၣ်ဆၣ်တၢ်အံၤကဲထီၣ်စ့ၤဒိၣ်မးလီၤ. နမ့ၢ်ထံၣ်န့ၣ် တၢ်အပနီၣ်လၢတညီၣ်န့ၣ်မၤအသးတဖၣ်
အိၣ်ထီၣ်လၢနဖိအလီၤဖဲတၢ်ကူစါယါဘျါဝံၤအလီၢ်ခံအယိ ကိးနဖိ အကသံသရ်တက့ၢ်.
- အိၣ်တၢ်အိၣ်ပျံၣ်တဖၣ် လၢဆူညါ 24 န့ၣ်ရံၣ်အတီၢ်ပူၤတက့ၢ်.

ဒီးန့ၢ်ဘၣ် ဖလိၣ်ရး ကသံၣ်ထံ: န့ၢ်ဘၣ် တန့ၢ်ဘၣ်

မဲဒီးန့ၢ်ဘၣ် ဖလိၣ်ရး ကသံၣ်ထံဝံၤအလီၢ်ခံ

- နဖိတဘၣ်ထူးအမဲ မှတမ့ၢ် မၤကဆိကဆိအမဲကဆူးလၢပုၤ လၢ 24 န့ၣ်ရံၣ်အတီၢ်ပူၤဘၣ်.
- ဟးဆူး တၢ်အိၣ်အကီၤ ဒ်အမ့ၢ် ဖရံၣ်စဲၣ်, တၢ်ဆါကိၣ်လိၣ်, ဒီး ဖိသ့ၣ်တဖၣ် တက့ၢ်

Dental Screening and Sealant Results

Please share this information with your child's dentist

This is an oral health screening for:

Name of Child: _____ Date: _____
(Last) (First)

A screening is a quick look and does not take the place of a complete examination by a Dentist or a Dental Therapist. Serious oral health problems may be missed in a screening.

DENTAL SCREENING RESULTS



No visible signs of oral problems. See your Dentist or Dental Therapist at least yearly for preventative dental appointments.



Visible signs of oral problems were found. Visit a Dentist or Dental Therapist in the next several weeks, before your child's next preventative dental appointment to treat possible cavities or more serious problems.



Visible signs or symptoms of serious dental problems were found. Possible large cavities, pain, swelling, infection, or abscesses were present. A visit to a Dentist or Dental Therapist is recommended in the next 0 - 2 weeks.

DENTAL SEALANTS

- Sealants were placed on your child's back teeth (molars).
- Partial sealants were placed. Sign up again next year.
- Sealants were not placed on your child's teeth because:
 - ___ The teeth may have cavities. Please follow-up with your dentist.
 - ___ The teeth have fillings.
 - ___ The teeth have sealants.
 - ___ The teeth were not grown in far enough for sealants.
 - ___ The procedure was too difficult for your child.

AFTER GETTING DENTAL SEALANTS

- Sealants only protect the back teeth. Brush and floss daily to keep teeth healthy.
- You may not be able to see the sealants, or they may look white or cream colored.
- It may feel strange to bite for a day or two. That feeling goes away.
- An allergic reaction is possible, but it is very rare. If you notice any unusual symptoms in your child after treatment, call your child's doctor.
- Eat soft foods for the next 24 hours.

RECEIVED FLUORIDE VARNISH: Yes No

AFTER GETTING FLUORIDE VARNISH

- Your child should not brush their teeth or floss for 24 hours
- Avoid hard foods such as pretzels, candy, and apples