

# BEFORE BEDTIME

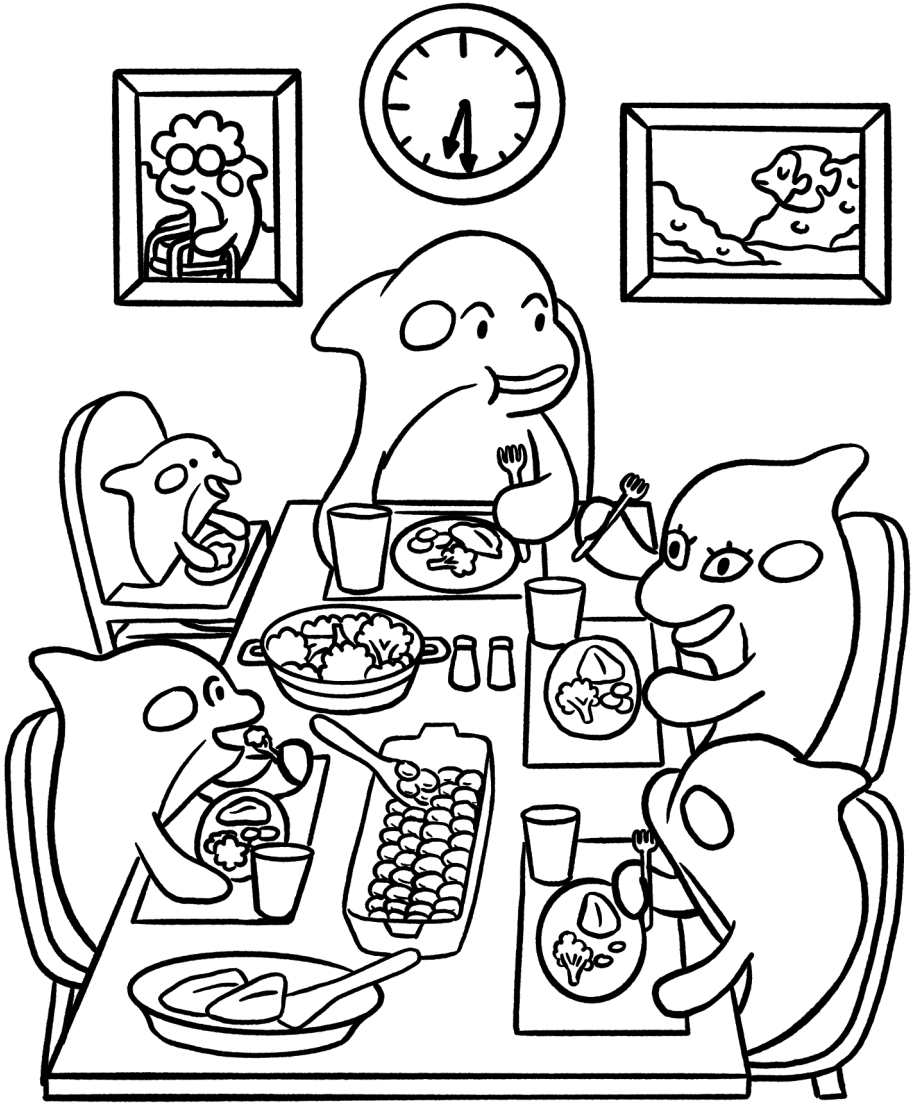
an Oscar the Orca  
Coloring Book



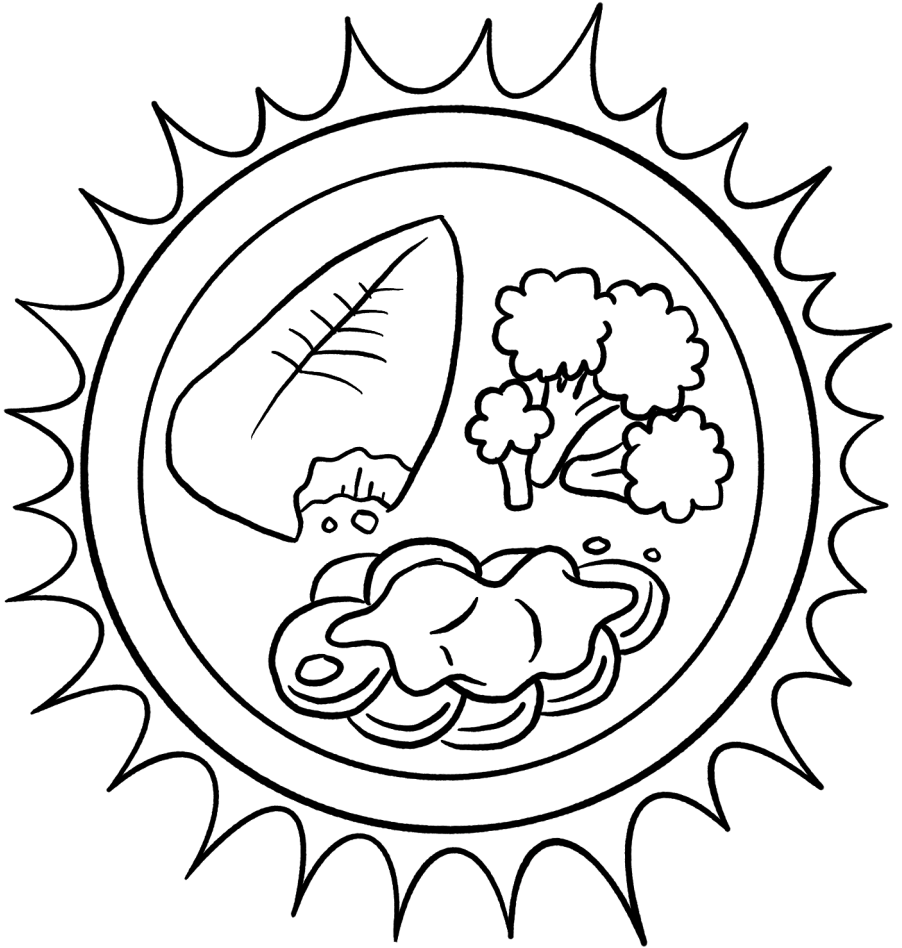




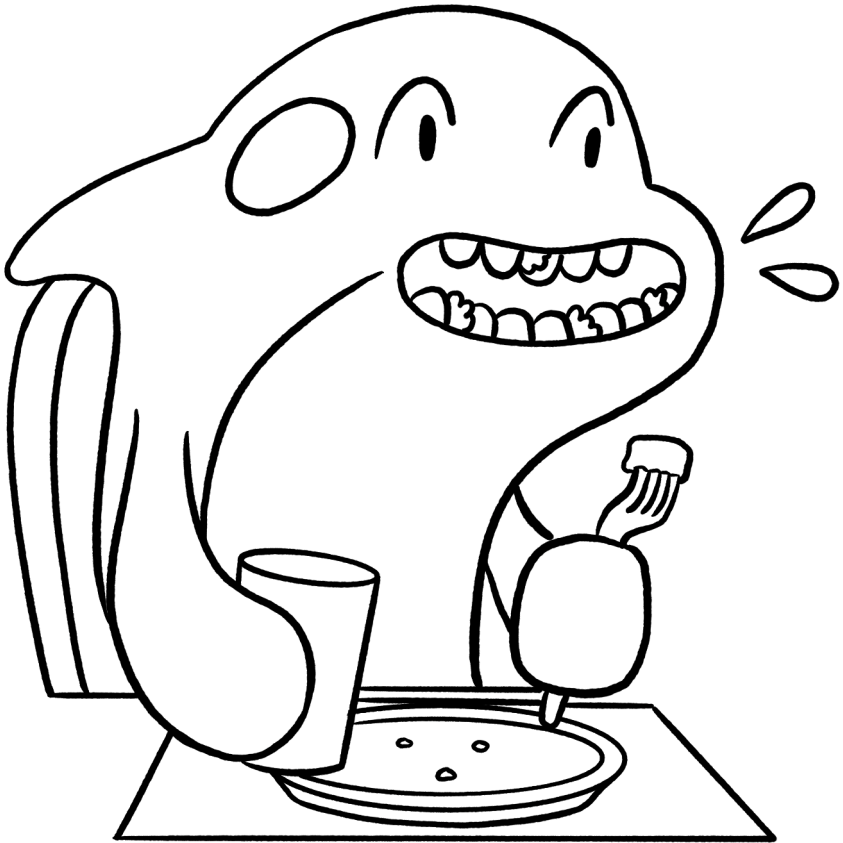
It's almost nighttime, and Oscar the Orca just got home from a busy day of underwater adventures.



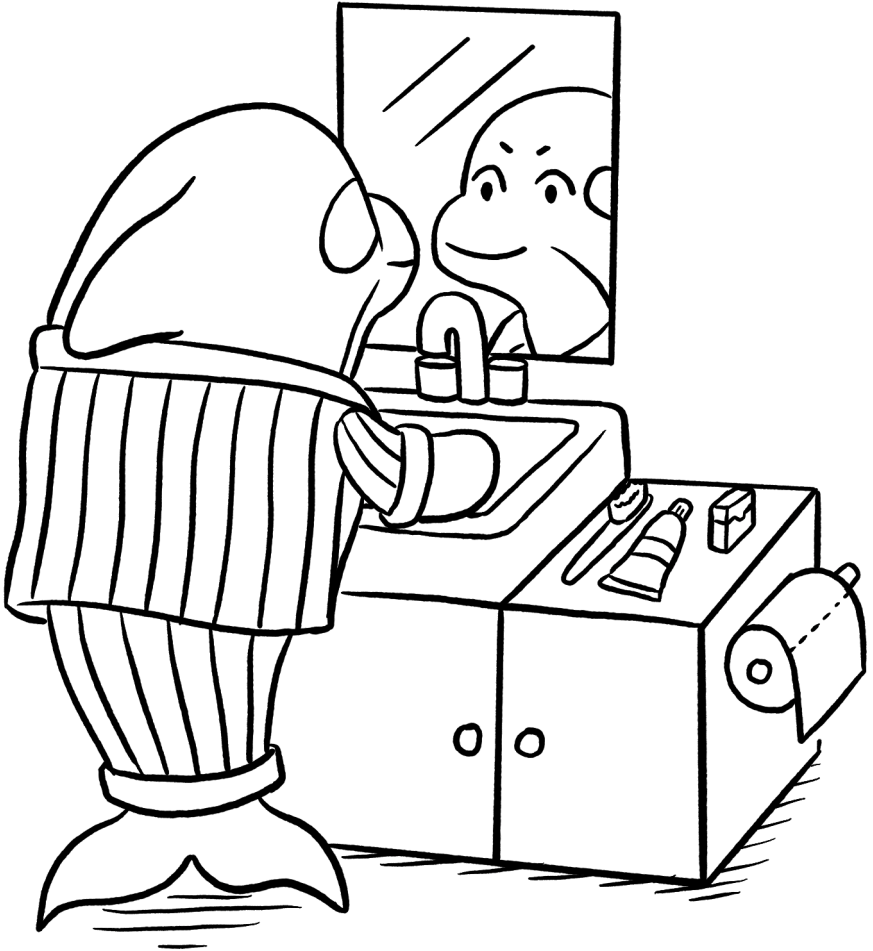
In the evening, Oscar likes to have dinner with his family.



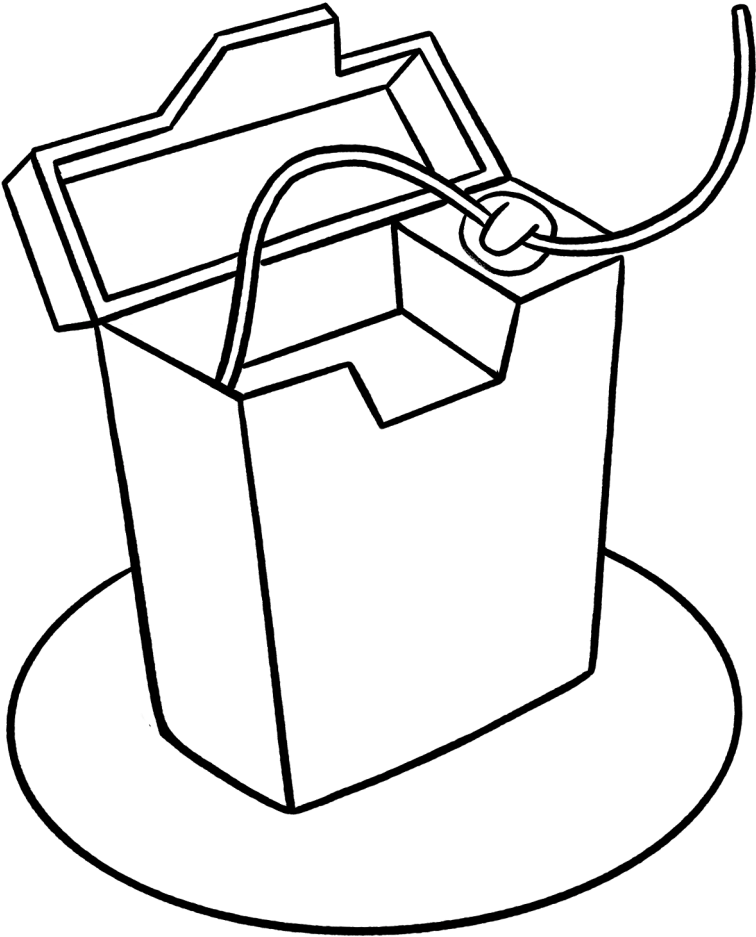
Oscar and his family like to eat foods that are great for their teeth.



"That was a tasty dinner!" says Oscar, with food stuck between his teeth.

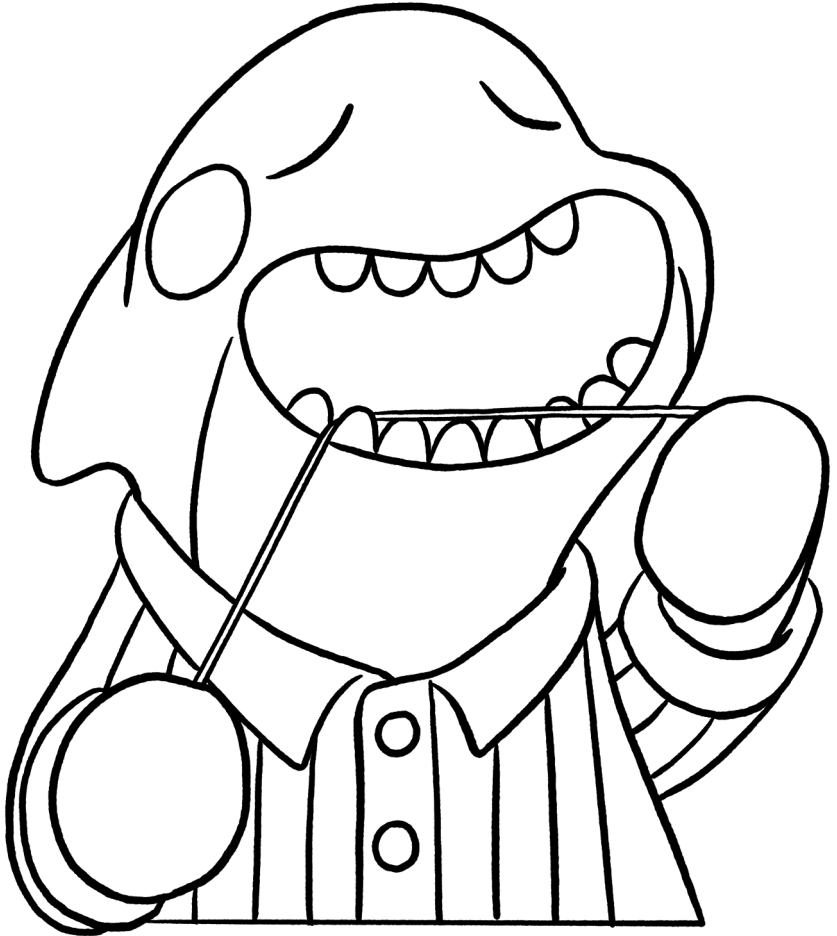


After eating, Oscar puts on his PJs and heads to the bathroom. He has two missions before bedtime.

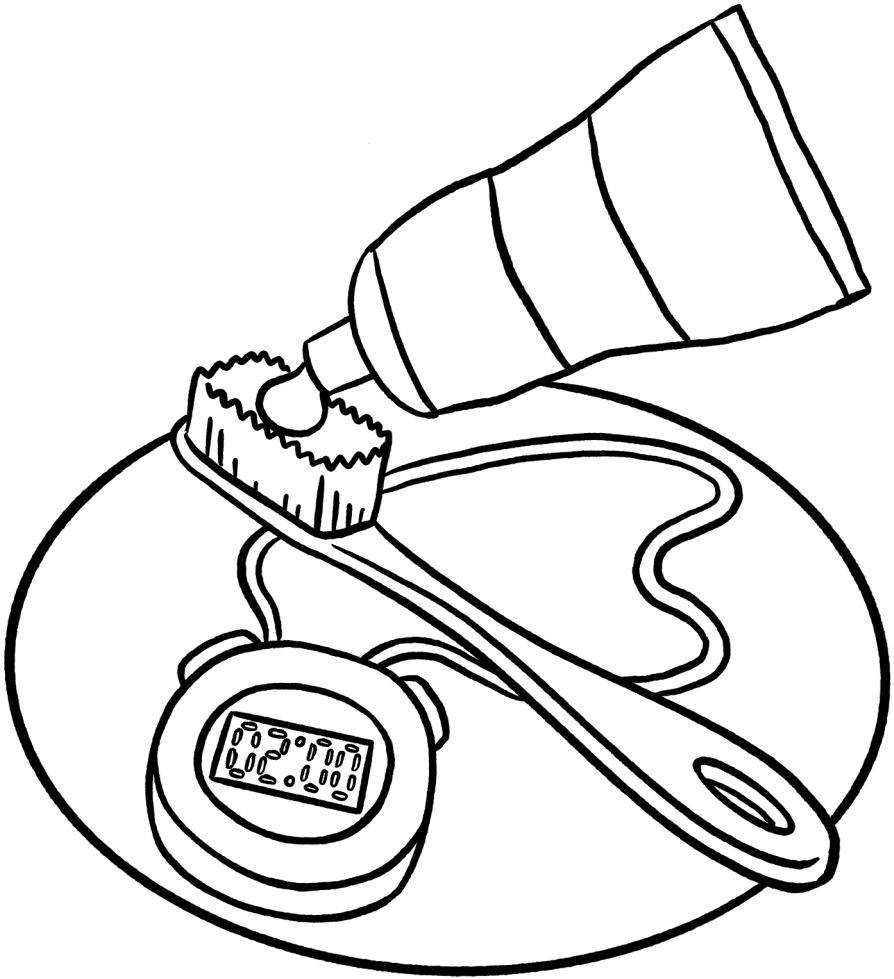


Mission 1: floss your teeth.

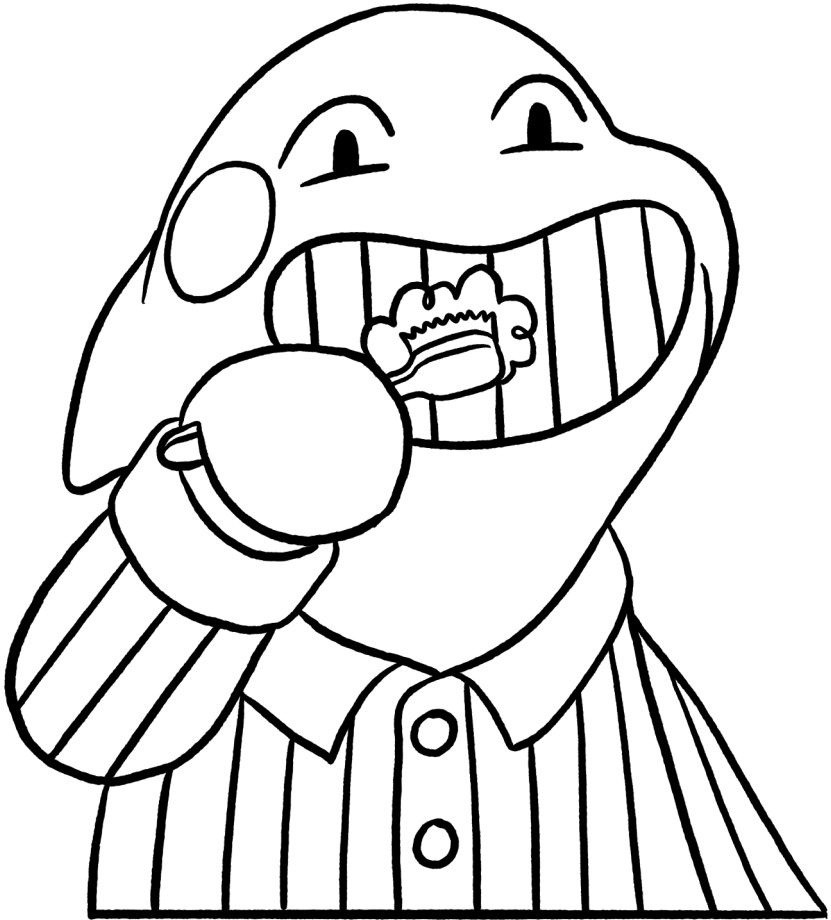




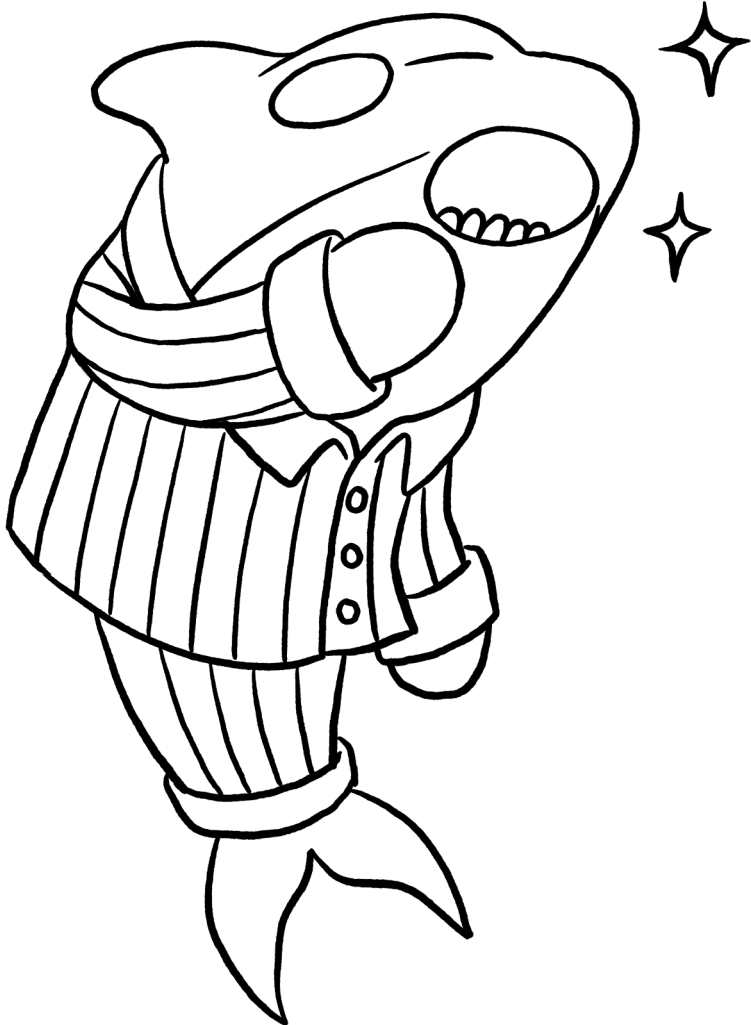
Oscar slides the floss in a C-shape between every tooth, even the ones in the back!



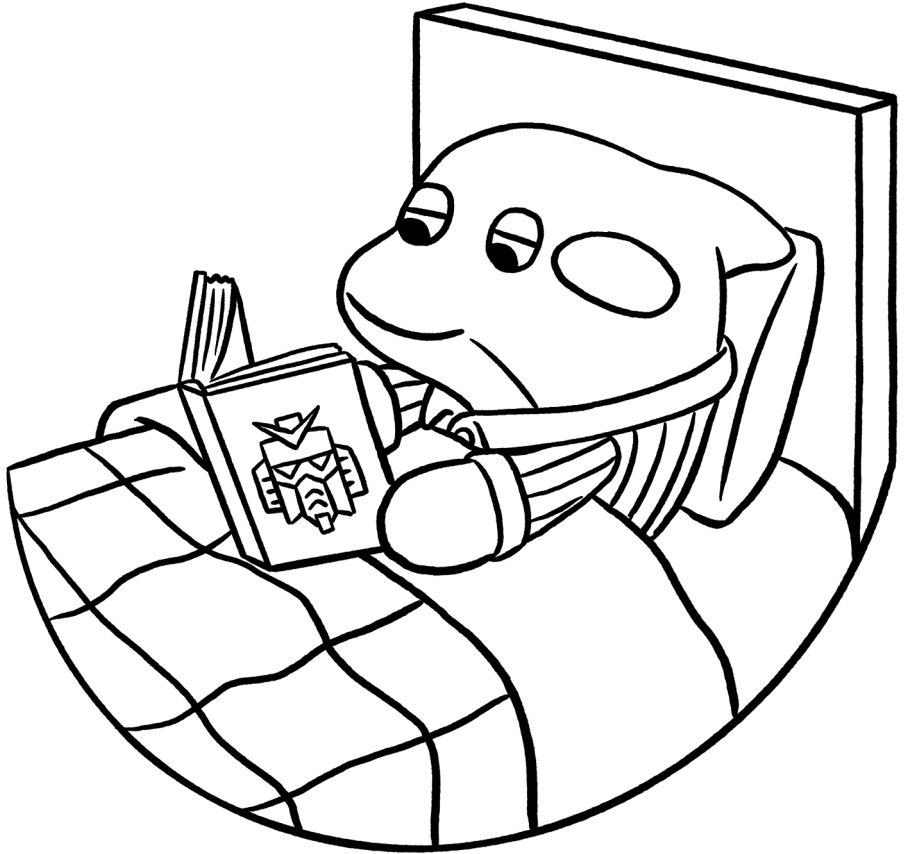
Mission 2: brush your teeth. Oscar uses a pea-sized amount of toothpaste and brushes for two minutes.



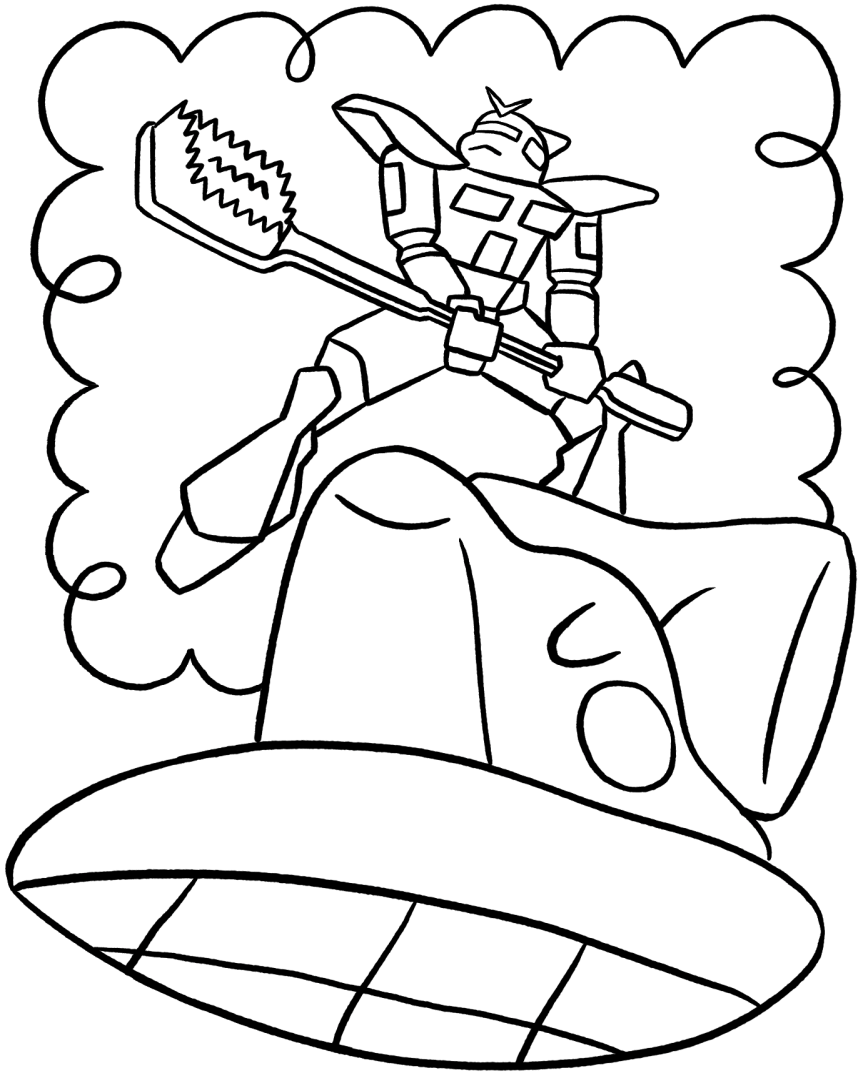
Oscar brushes his whole mouth. He never forgets to brush his tongue and behind his teeth.



Once both missions are complete, Oscar's teeth are ready for bed, and he is too!



Before he falls asleep, Oscar calms his brain down by reading a good book.



That way, he's dreaming up new adventures before tomorrow begins.

*Before Bedtime: an Oscar the Orca Coloring Book* is a  
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In this bedtime story, follow Oscar the Orca as he gets ready for sleep, and you get to color in the pages!

