

Baaritaanka Ilkaha iyo Natiijooyinka Ningaxa

Fadlan la wadaag macluumaadkan dhakhtarka ilkaha ee ilmahaaga

Si aad u hesho macluumaad dheeraad ah ama haddii aad u baahan tahay caawimaada helista dhakhtarka ilkaha, fadlan naga soo wac **503-521-7166**.

Magaca Ilmaha: _____ Taariikhda: _____
 (Dambe) (Hore)

Ilkaha ilmahaaga ayaa maanta dugsiga lagu baaray. Natiijooyinka ilmahaaga ayaa lagu calaamadeeyay qaybta hoose. Sii wad inaad booqato dhakhtarka ilkaha ugu yaraan hal mar sanadkiiba oo fadlan mar kale isdiiwaangali sanadka soo socda.

NATIIJOYINKA BAARITAANKA ILKAHA



Ilkaha ilmahaaga ayaa u muuqda kuwa wanaagsan! Ma jiraan calaamado muuqda oo la arki karo oo dhibaatooyinka ilkaha ah. Booqo dhakhtarkaaga ilkaha ugu yaraan hal mar sanadkii.



Calaamadaha dhibaatooyinka ilkaha ayaa la helay. Suuska ilkaha ee suurtagal ah ama dalolo yaryar ayaa lagu arkay ilkaha ilmahaaga. Booqashada dhakhtarka ilkaha ayaa lagu talinayaan bisha soo socota.



Calaamadaha ama astaamaha muuqda ee dhibaatooyinka ilkaha ee halista sare leh ayaa la helay. Dalolo waaweyn oo suurtagal ah, xanuun ama nabar ayaa jira. Booqashada dhakhtarka ilkaha ayaa lagu talinayaan 24-ka saacadood ee soo socda.

XARDHIYAASHA ILKAHA

- Ningaxyo ayaa la saaray ilkaha dambe ee ilmahaaga (gowsaha).
- Ningaxyo baran ayaa la saaray. Mar kale isku diiwaangali sanadka soo socda.
- Ningaxyada lama saarin ilkaha ilmahaaga sababtoo ah:
 - ___ Ilkaha ayaa laga yaabaa inay leeyihii suus. Fadlan la soco dhakhtarkaaga ilkaha.
 - ___ Ilkaha ayaa laga yaabaa in la buuxiyay.
 - ___ Ilkaha ayaa laga yaabaa inay leeyihii ningaxyo.
 - ___ Ilkaha uma korin si kala fog oo si ningaxyada si fiican loogu saaro.
 - ___ Habraaca ayaa aad ugu adkaa ilmahaaga.

KADIB MARKA LA HELO NINGAXYADA ILKAHA

- Ningaxyada waxay ilaaliyan oo kaliya ilkaha dambe. Si maalinle ah u caday una nadiifi ilkaha si aad ilkaha caafimaadkooda u ilaaliso.
- Waxaa laga yaabaa in aadan awood u yeelan inaad aragto ningaxyada ama waxay u ekaan karaan kuwo cad ama midab kareem leh.
- Waxay kula noqon kartaa mid culus inaad wax qaniinto hal ama labo maalin. Dareenkaas waa uu tagaaya.
- Falcelin xasaasiyadeed ayaa suurtagal ah laakiin waa dhif. Haddii aadwax astaamo aan caadi ahayn ku aragto ilmahaaga daaweynta kadib, wac dhakhtarka ilmahaaga.

QAATAY XABAGTA FALORAYDHKA: Haa Maya

KADIB MARKA LA QAATO XABAGTA FALORAYDKA

- Ilmahaagu waa in uusan cadayin ilkaha ama nadiifin muddo 24 saacadood ah.
- Iska ilaali cuntooyinka adag sida burka adag, nacnaca, iyo tufaaxyada.

Dental Screening and Sealant Results

Please share this information with your child's dentist

For more information or
if you need help finding
a dentist, please call us
at **503-521-7166**.

Name of Child: _____ Date: _____
(Last) (First)

Your child's teeth were checked at school today. Your child's results are marked below. Continue to see a dentist at least once a year and please sign up again next year.

DENTAL SCREENING RESULTS



Your child's teeth look great! No visible signs of dental problems. See your dentist at least once a year.



Signs of dental problems were found. Possible cavities or small cavities were seen in your child's teeth. A visit to a dentist is recommended in the next month.



Visible signs or symptoms of serious dental problems were found. Possible large cavities, pain or abscesses were present. A visit to a dentist is recommended in the next 24-48 hours.

DENTAL SEALANTS

- Sealants were placed on your child's back teeth (molars).
 Partial sealants were placed. Sign up again next year.
 Sealants were not placed on your child's teeth because:
____ The teeth may have cavities. Please follow-up with your dentist.
____ The teeth have fillings.
____ The teeth have sealants.
____ The teeth were not grown in far enough for sealants.
____ The procedure was too difficult for your child.

AFTER GETTING DENTAL SEALANTS

- Sealants only protect the back teeth. Brush and floss daily to keep teeth healthy.
- You may not be able to see the sealants, or they may look white or cream colored.
- It may feel strange to bite for a day or two. That feeling goes away.
- An allergic reaction is possible, but it is very rare. If you notice any unusual symptoms in your child after treatment, call your child's doctor.

RECEIVED FLUORIDE VARNISH: Yes No

AFTER GETTING FLUORIDE VARNISH

- Your child should not brush their teeth or floss for 24 hours.
- Avoid hard foods such as pretzels, candy, and apples.